

# MORROW MEMORIAL UNITED METHODIST CHURCH

## COMMUNITY HEALTH COVENANT

for the well being and safety of God's people.

The Morrow Church and Preschool opening plans outline the church and Preschool commitment to your safety. In order to minimize the risks of contracting COVID-19 and other illnesses, we require that everyone participating in the work and worship at Morrow Church commits to the following:

### **EXPECTATIONS of self quarantine**

Anyone who has been exposed to a person who tests positive for COVID-19 must remain away from the church for 14 days AND free from symptoms. Those who have traveled to at-risk states are to remain away from the church for 14 days upon their return to NJ. Anyone who has visited the church and tested positive for COVID-19 is asked to contact a pastor (for contact tracing purposes), and remain away from the church for a minimum of 14 days and is asked to return only when free from symptoms AFTER the 14-day period. If Morrow collects any health data, it will be stored privately in accordance with HIPAA regulations.

### **COVID-19 - PROCEDURES FOR CHURCH AND PRESCHOOL STAFF, MEMBERS, PARENTS, VISITORS, CONTRACTORS**

#### **Daily Health Screening**

To protect the health of church and preschool staff, members, parents, visitors and contractors you will be asked the following questions before entering the church building or participating in church activities:

1. If you have experienced any COVID-19 symptoms in the past 14 days, (any 2 of the following: chills, shivers, muscle aches, headache, sore throat, nausea/vomiting, diarrhea, fatigue, congestion/runny nose; or 1 of the following: cough, shortness of breath, difficulty breathing, new loss of taste or smell)
2. If you have tested positive to COVID-19 and/or
3. If you have had close contact with a suspected COVID-19 case in the past 14 days or close contact (within 6 feet for at least 10 minutes) with a person experiencing any of the symptoms in number 1.

If any answers **for #1 and/or #2 are positive** you will not be allowed on Morrow Church property until you have recovered and/or until your healthcare provider has confirmed you are not contagious.

If question **#3 is answered positively**, you will be allowed on Morrow Church property, however, in addition to following the procedures outlined below, you must submit to a daily temperature check. If you become symptomatic, as evidenced by the temperature check or other symptoms,

you will need to leave the property until you have recovered and/or until your healthcare provider has confirmed you are not contagious.

In addition, you will have a temperature screening before entering the church property. If your temperature is above **100.4°F you will not be allowed on Morrow Church property** until you are fever free without medication for 24 hours or after assessment by a Health Care Provider (HCP).

Also, you agree to follow Morrow Church's COVID-19 practices that have been written in accordance with New Jersey and CDC requirements including but not limited to maintaining a 6ft distance from others, wearing a properly fitted face covering, and maintaining good hygiene procedures using available hand washing and sanitizing.

## 1. FACE COVERINGS

Face coverings are required for everyone over age two when they are on the Morrow Church property or participating in a Morrow Church event. Wear face coverings (mask) that cover your nose and mouth.

- a. If your mask falls off or needs to be removed or adjusted, wash hands (or use sanitizer if handwashing is not available), replace/adjust your mask and wash your hands again after adjustment. (You should assume outside of the mask is contaminated). *Do not touch the mask, unless absolutely necessary. Consider the outside of your mask and hands to be contaminated.*
- b. Keep the mask from touching surfaces before putting on and after removal. If the mask is going to be off for a period of time such as for eating or at the end of the day, place the mask into a container/bag until the mask is put back on, washed or replaced). For brief removal (lunch) use caution to keep the inside of the mask covered, fold cloth mask so the inside sections touch.)
- c. A cloth face mask needs to be washed (hand or machine) each day

## 2. EYE PROTECTION

- a. You can wear goggles, protective eyewear, or a face shield to potentially reduce disease transmission. If you choose to wear a shield or goggles, face covering is still necessary at all times unless eating.
- b. Protective eyewear is required when working with tools, mowers, etc.

## 3. HAND WASHING

Wash hands with soap and water OR use hand sanitizer. You should wash or sanitize your hands:

- a. Prior to putting gloves on, upon removal of gloves.
- b. Prior to putting on your mask; and after putting the mask on; and after removing mask
- c. After touching high contact surfaces.
- d. Upon arrival to the building.
- e. Before eating.
- f. After using the restroom.

#### 4. SOCIAL DISTANCING

Anytime you are on the church property, you should keep 6 feet apart from others (not in your household) - unless absolutely impossible (eg. first aid). Social distancing does not negate the need for masks and other protections.

#### 5. DELIVERIES

All deliveries should be left outside of the building. If you receive a delivery you should keep a record of deliveries with date, time, vendor.

#### 6. OFFICE

- a. Anytime you are using the office equipment including computers, phones, printers, copiers, and other, you must sanitize your hands before and after use and sanitize the equipment before and after use.
- b. Keep cell phone charging in public spaces to a minimum.

#### 7. MEALS/BREAKS (For staff and preschool, no coffee hour at this time.)

- a. Social distancing during meals and break times is essential when masks cannot be worn. You should sit no more than two people per table, one at each end. Do not face another person. Make sure tables are at a distance of at least 6 feet.
- b. If you are preparing coffee, only one person pours coffee/hot water or coffee/hot water. Make sure pot handles are sanitized between each use. Keep sanitizing wipes near coffee/hot water. All handles, on/off buttons to be sanitized after each use.
- c. Keep gloves available in food preparation areas for use.

#### 8. CLEANING SURFACES:

If you are asked to clean an area, follow these guidelines:

- a. Sanitize *high touch* surfaces after use. (Sanitizing disinfectant wipes, 70% alcohol, bleach and water solution which needs to be made every day)  
Bleach solution: as ratio as **1/3 cup of bleach** added to **1 gallon of water** (per CDC)  
**(container MUST be labeled)**  
\*\*\* Remember not to mix cleaners/bleach!
- b. Faucets, toilet handles
- c. Tools
- d. Lunch tables - before and after use.

CLEANING should done wearing appropriate gloves for the cleaning products

#### 9. GLOVES - Vinyl

If gloves are needed: (Current guidance does not advocate routine glove use to prevent spread of Covid 19. Gloves do not lessen the need to wash hands as gloves need to be changed after any surface, face, mask touching and hands need to be washed after gloves are removed).

You should wear gloves as necessary if working with chemicals or body fluids are present. Some examples of the need to use gloves: when cleaning surfaces with an irritating cleanser, when cleaning up discarded paper towels or facial tissue, emptying garbage receptical. As always, if gloves are needed specific to a particular chemical you should wear those for that activity.

When gloves are used, wash hands before putting gloves on, wash hands after removing gloves.

- a. Remove gloves by grabbing the center of the palm of your dominant hand and pull the glove up and off. Then use a dominant non gloved hand to carefully remove the non

dominant glove by slipping finger under glove and pulling it off. Turn it inside out to prevent touching the outer surface of the glove with your ungloved hand. The goal of this process is to avoid touching the glove surface with bare skin.

- b. Wash hands after removing gloves and before putting gloves back on.
- c. Get new gloves after touching anything.

Other surfaces such as door knobs, refrigerator doors, light switches should be sanitized.

#### **10. SIGNAGE**

Signage will be installed to help and remind you about safety practices. Signage may include a visitor alert, handwashing and mask techniques and general infection control information. Please follow this information regarding Infection control, handwashing, and mask information.

#### **11. REGULAR MEETINGS**

If you are conducting an in-person ministry, you will meet with church and/or preschool leaders to review Covid-19 prevention. You will need to conduct the health screening and provide a log of the screenings. Opening Team meetings will be held to review ongoing prevention strategies as well as to update plans and for supply ordering.

I have read the guidelines, understand the expectations and will follow the procedures as outlined in the Morrow Community Health Covenant.

SIGNED \_\_\_\_\_

DATE \_\_\_\_\_

REVIEWED \_\_\_\_\_

DATE \_\_\_\_\_