



Crisis Counseling Program

Join Us for

The New Jersey Hope and Healing Forum

A Monthly 45-Minute Zoom Program, Fourth Thursdays, 10 a.m.

To register visit: <https://bit.ly/35B7Jxi>

After registering, you will receive a confirmation email with log-in instructions.

Learn about free emotional support services to help New Jerseyans cope with challenges related to COVID-19.

- Discover user-friendly resources including virtual support groups, counseling, helplines, texting and more.
- Gain access to specialized services for the frontline staff, healthcare workers, teachers, families, LGBTQ+, BIPOC (black, Indigenous and people of color) communities, non-English-speaking individuals and others.
- Each program will focus on specific services offered by New Jersey Hope and Healing agencies. These organizations provide Crisis Counseling Programs in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services' Disaster and Terrorism Branch.

Schedule

10 a.m., Fourth Thursday of the Month

January 28 -- Featuring Catholic Charities, Family Services Bureau of Newark and the Mental Health Association in New Jersey

February 25, March 25, April 22, May 27, June 24 -- Agencies to be Announced

Questions? Contact Merrill Altberg at maltberg@mhanj.org, 973-571-4100, ext. 128.



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